

Project Plan
The Next Role Models
Promoting young leaders

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Community Development Foundation

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Introduction

Community Development Foundation (“CDF”) is a nonprofit organization which was founded on January 5th, 2006 in Curaçao, Netherlands Antilles. A group of acquaintances and friends within a network decided to combine their individual efforts by founding CDF, a foundation that makes it possible for the members to be able to give back and contribute to their community and to offer the opportunity for development.

Our **Vision**: *a well educated community that can achieve its well being through optimal use of its capacity*

CDF’s **Mission** is to *guide the community to reach its maximum potential through:*

- Make courses and training available for the development of knowledge and skills of the community in general
- Provide information regarding current topics of general interest and stimulate balanced and responsible decision making
- Encourage and if necessary conduct research and compile results of existing research on various relevant topics
- Realize other projects, which contribute to our main goal
- Strive for a professional organization

Our target group is the community in general, mainly younger individuals between the ages of 15-30.

The CDF Board members are young and dynamic individuals; students, young professionals, self-employed and experienced professionals who embrace out of the box thinking and a hands-on mentality.

True to the principles of CDF, the foundation will continue to realize projects in order to achieve its main goal. These projects will be carried out in a well-managed manner, with clearly defined and achievable goals.

In addition to implementing referred to projects, CDF intends to organize internal courses, training and team building activities for the board members and committee members.

For the project “THE NEXT ROLE MODELS” a commission has been formalized. The commission is responsible for the development and implementation of this project. In the following sections more details will be presented with regard to the project “THE NEXT ROLE MODELS”.

Project description

Many projects in Curaçao with regard to youth are based on helping teens of low income families, dropouts, teenage mothers, children with social emotional problems, and the criminal youth. These target groups are small proportions of the youth population. These projects are both repressive and remedial. Nevertheless they primarily focus on solving problems and not preventing them. The target groups of these projects consist of youth with a low social-economic background, with poor education or youth who are unemployed.

With this project we want to shift the focus from deficiencies, disabilities and problems to the approach of use of talents, competences and capabilities. This focus is another way to reach personal effectiveness. The project is based on the philosophy S. Covey presented in his book *The 7 habits for teens*. Covey shows us the 7 habits for teens, in order to be more effective and successful in life.

With this project we want to bring the youth in a more positive perspective in our community by creating “teen role models”. The project can be considered as a preventive project. By creating role models we can stimulate the youth to be successful in different areas and therefore be able to fight crime, social-economic, cultural and intellectual poverty.

This project aims to stimulate personal change and development by using tools for personal effectiveness. We are also trying to contribute to community development by molding teens that can use their capabilities and talents effectively in their life and be a role model for other teens.

The main objectives defined for this project are:

1. developing and implementing a program to train the trainers
2. developing and implementing a training program for teens
3. creating a network of teen role models

The main activity of this project is a program for teens aged 14 - 16 based on the 7 habits during a camp. In addition, workshops are given to this group with the following subjects: financing, health, personal development, identity, parents, and peer pressure during a two months period.

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The project is based on the philosophy S. Covey presented in his book *The 7 Habits of Highly Effective Teens*. Covey shows us the 7 habits for teens to be more effective and successful in life. The 7 habits are:

1. Habit 1: Be Proactive®
Take responsibility for your life.
2. Habit 2: Begin with the End in Mind®
Define your mission and goals in life.
3. Habit 3: Put First Things First®
Prioritize and do the most important things first.
4. Habit 4: Think Win-Win®
Have an "everyone-can-win" attitude.
5. Habit 5: Seek first to understand, then to Be Understood®
Listen to people sincerely.
6. Habit 6: Synergize®
Work together to achieve more.
7. Habit 7: Sharpen the Saw®
Renew yourself regularly.

The 7 Habits of Highly Effective Teens workshop can help youth:

1. Gain greater control of their lives.
2. Improve relationships with family and friends.
3. Increase self-confidence and self-esteem.
4. Make smarter decisions.
5. Overcome addiction.
6. Define their values and what matters most to them.
7. Get more done in less time.
8. Be happy.
9. Find balance between school, work, friends, and everything else

Project outcome

Outcome of the project:

- teens are informed about the components of the 7 habits concept
- teens having tools to control, develop and change their habits
- teens have practiced using skills for personal development based on the 7 habits concept
- teens can inform others (teens) about the way they can use their skills
- teens choose to use the skills in their life
- teens having goal(s) for the next year (short-term) and for the future (long-term) in different areas mainly based on the 7 habits concept
- they can describe the change between, before and after the camp

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Program overview

Activity	Description	Output	Results
Train the trainers March 2008	6 sessions (3 days) training by professional trainer.	Assistant trainers for the camp and program.	Certified trainers who can offer the program in the future (continuity of the program)
Camp March/April 2008	3 days program consisting of sessions on personal effectiveness for teens, social and sport activities.	All participants are informed about personal effectiveness. All participants are satisfied with the program. All participants do have the tools; know how to change their life.	The participants are committed to the program for the coming period. The participants have set goals in 5 different areas. Teens have tools, for example social skills, that they can use in life.
Health "Bo salu" April 2008	1 session.	The teens are informed about living a healthier life. The participants worked on their goals for a healthier life.	Teens developed good habits for healthier life and sports.
Spirituality "Bo spiritualidat" April 2008	1 session.	The participants opened their heart for spirituality and developed skills to reflect on their own life.	Teens can deal with their spirituality.
Finance "Bo sen" May 2008	1 session.	Teens open a saving account and have tools to manage their money.	Teens know how to manage their finance.
Arts & Culture "Bo kultura" May 2008	1 session.	Teens studied and understood the effects of the culture on their habits. And put their talents in practice.	Teens discovered and developed their talents.
Personal development "Bo mes" June 2008	1 session.	Teens developed social skills, can deal with peer pressure, parents structure etc.	Teens developed own identity and personality.

Target group

The target group consists of 70 teenagers aged 14, 15, or 16 years who are in school. The participants have the following profile:

The participant
has:

- Good results in school
- A realistic self-image
- A positive attitude
- Social skills, good manners
- Leadership potentials

can:

- Work in groups
- Work independently
- Plan and organize own activities
- Analyze

is:

- 14, 15, or 16 years-old and in school
- Active in at least 1 of the following areas (besides being in school):
 - sport
 - hobby
 - club, group, e.g. scouting etc.
 - voluntary work
- Involved in social activities
- Pro-active

The participant is motivated and describes this in a letter of recommendation giving 5 reasons why they should be the one given the chance to be a next role model.

Project impact

This project will help teens to:

- be heard
- express themselves
- be more self-conscious
- develop social skills
- develop skills to make better choices in life
- change life perspectives

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The project contributes to:

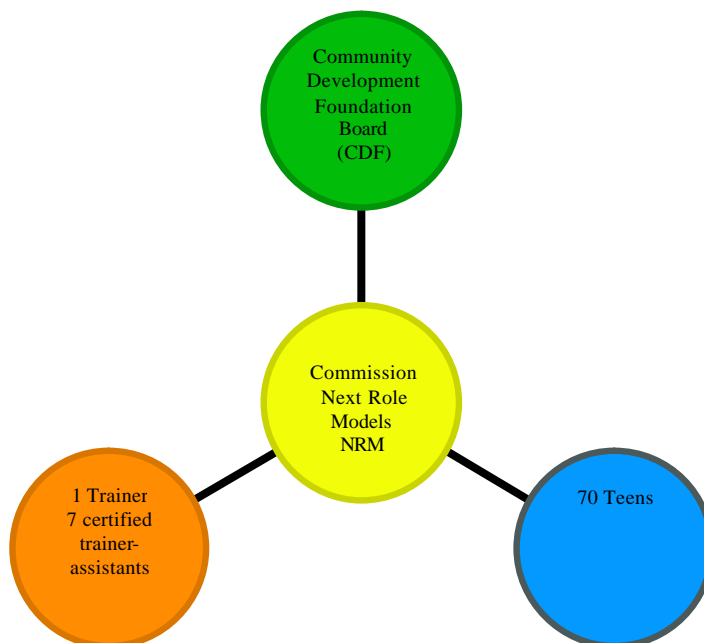
- better school results
- better record in sport
- development of talents
- effective use of capacities
- expose successful teens in community

The project gives opportunities to have courses and training for development of knowledge and skills. As teens are a part of the community, this project will also impact the community. This is how the project is related to the Foundation's objectives.

Project Design

The project organization is described in a diagram with the commission as the centre of the project, please refer to Chart 2. The commission can not implement the project without the contribution of the CDF Board, a trainer and a team of assistant trainers.

Chart 2: Organization Chart



The responsibilities are categorized in internal and external responsibilities. The commission, the trainer, assistant-trainer team, has internal tasks.

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Commission

The commission is responsible for the project plan, project dossier, the project implementation and evaluation of each activity. The commission is a mixed of young professionals and experienced professionals. The commission president is a CDF board member.

Next role models commission members

Ruckly Etienne	president	ruckly1@hotmail.com
Timba Engelhardt	member	etimba@hotmail.com
Raily Goedgedrag	secretary	railygoedgedrag@hotmail.com
Gina Eisdén	member	maglanise@hotmail.com
Bianca Neman	member	bianca.neman@gov.an
Nathaly Harms	member	nathalyeharms@hotmail.com

Stakeholders

The following are the stakeholders of this project:

- School boards and schools,
- Private and public sector,
- Community and social work organizations,
- Youth organizations and Churches.

Output

With this project 10-15 trainers and 70 teens are certificated. The teens will improve their performance in school, in sport, arts and other activities.

Furthermore this program is adopted by stakeholders. The program can be used as regular activity of the stakeholders and they can also invest in the program.